



Foundation Pharmacist Training Programme 2022/23

Foundation pharmacist training with Buttercups
enables graduates to turn their knowledge into the skills
required to become a competent and confident
healthcare professional



www.buttercups.co.uk

Welcome

With almost 35 years in the field, Buttercups Training is the specialists in pharmacy training. We are incredibly proud of our new Foundation Pharmacist Programme (formerly Pre-registration Training).

The Buttercups Foundation Programme embraces the GPhC standards for the Initial Education and Training of Pharmacists and with radical reforms to pharmacist education, it is more important than ever to join a training

provider that fully understands your needs. Not only do we deliver first-class training but we pride ourselves on the unparalleled support we provide our learners and supervisors. Our dedicated team of pharmacists have a wealth of expertise in hospital, community, industry, veterinary and GP practice, so you know you're in good hands.

Our course content has evolved with a sharp focus on developing the core skills required for

a modern pharmacist. Our Foundation Pharmacist Programme follows on from university and brings exciting new opportunities for trainees, including a Clinical Skills programme to prepare trainees for services such as the Community Pharmacy Consultation Service (CPCS) and vaccinations. We also have an optional GP pharmacist programme for those working or aspiring to work in a practice setting.

Key Features

Our 2022/23 programme is our most comprehensive ever and now includes a greater focus on the development of clinical skills to support the development of new and emerging pharmacy services.

- ▶ A blend of face-to-face learning and virtual classroom study days
- ▶ Full mock examination and review mapped to the GPhC interim learning outcomes
- ▶ Clinical Skills training (including vaccination) with certification
- ▶ First Aid training and certification
- ▶ b-Hive course website provided for each programme
- ▶ Comprehensive online training courses
- ▶ Interactive virtual classroom tutorials
- ▶ A dedicated Buttercups pharmacist course tutor for every programme
- ▶ Live online tracking for designated supervisors
- ▶ Access to our interactive Buttercups Exam
- ▶ Support Tool better known as **BEST!**

Pre-registration Trainee of the Year 2021

Being awarded Pre-reg of the Year is an accomplishment to be cherished during these unprecedented times and it showed that my hard work did not go unnoticed. During my pre-reg year, I was honoured to help pioneer one of the first COVID vaccination sites in the country with Knights Pharmacy. This has been my biggest and proudest achievement to date.

It can be daunting having to think about preparing for a professional exam and working full time. This difficulty was made a lot easier by the Buttercups Training Programme. The monthly training days are a must to keep you focused and on track and although it may seem as though there's a lot to get through, the information is presented in such a way that it is easy to digest. I would strongly recommend using the resources provided by Buttercups, this will make understanding the framework much easier and prepare you for the assessment.

Throughout the year the key is to have a work-life balance. This is the year of learning, do not be afraid to ask questions when unsure, it will only make you a more equipped pharmacist and don't forget, 'failing to prepare is preparing to fail'.

Mohammed Umar Sohail Khan, Knights Pharmacy, Solihull



Blended Learning

What is 'Blended Learning'?

Since its launch, our blended learning programme has proven to be the essential structure required for you to progress successfully from student to registered pharmacist. Our training has three broad categories: study days, Virtual Classrooms, and e-learning.

Study Days

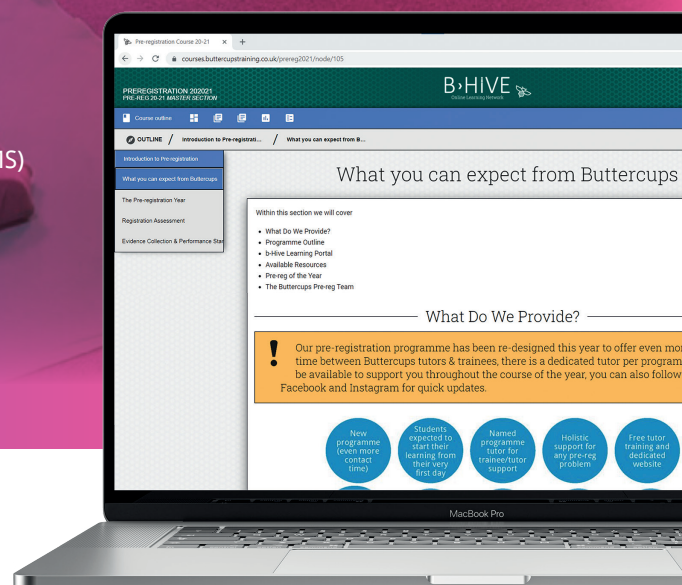
These run regularly from the start of the year and help you get to grips with the GPhC requirements. Study days help you to acquire essential knowledge in responding to symptoms, calculations and key clinical areas, all underpinned with a sound understanding of law and ethics. Our methods include interactive workshops, peer learning, case study review and learning through clinical simulation. Our study days cover:

- ▶ Minor Ailments and Responding to Symptoms workshops
- ▶ Pharmacy Law and Ethics
- ▶ Communication Skills and Patient Counselling
- ▶ High Risk Medicines workshop
- ▶ Medicines Optimisation and Effective Consultations (practical skills for NMS)
- ▶ Clinical Skills Programme (practical skills and certification)
- ▶ Safeguarding & Clinical Governance
- ▶ Skin and Wound Care
- ▶ Pharmacy Management
- ▶ First Aid Training
- ▶ Mock registration assessment and review
- ▶ Revision webinars and planning

Virtual Classrooms

Virtual Classrooms enable you to learn and engage with your Buttercups tutor and fellow trainees on a variety of key subjects. We offer teaching webinars on pharmacy essentials such as pharmacy funding, clinical webinars with exam-style questions to test your understanding in real time, and weekly revision webinars in the run up to the exam, developed on topics most requested by our trainees.

Buttercups tutor Ellie Talbot conducting a webinar in our virtual classroom.



e-Learning

Our e-learning training programmes are available for you to engage with throughout the year, at your own pace. This includes the following:

- ▶ Medicines Counter Assistant (MCA) course
- ▶ RSPH Level 2 Understanding Health Improvement (Health Champion) course
- ▶ BNF/BNFC clinical workbooks for every chapter
- ▶ BNF/BNFC exam-style questions for every chapter
- ▶ Law and Ethics
- ▶ POM to P medicines
- ▶ Exam-style calculations papers
- ▶ Essential Reference texts
- ▶ Drug Tariff
- ▶ Responsible Pharmacist workbook
- ▶ Women's and Child Health workbook
- ▶ Tutorials on CNS subjects and other 'Hot Topics'
- ▶ Clinical Skills course
- ▶ Vaccinations course

2022/23 Programme

STUDY DAY 1 (FACE TO FACE)

- ▶ Introduction to Foundation Pharmacist Training
- ▶ Calculations Paper 1
- ▶ Responding to Symptoms Workshop
- ▶ BNF Chapter 4 Self-Assessment and Peer Review
- ▶ CNS - Pain

STUDY DAY 2 (VIRTUAL CLASSROOM)

- ▶ Calculations Paper 2
- ▶ BNF Chapter 5 Self-Assessment and Peer Review
- ▶ Infections Workshop
- ▶ Genito-urinary Workshop
- ▶ Malignancy Workshop

STUDY DAY 3 (VIRTUAL CLASSROOM)

- ▶ Calculations Paper 3
- ▶ Endocrine Workshop
- ▶ BNF/BNFC Chapter 6 Self-Assessment & Peer Review
- ▶ Law & Ethics Workshop
- ▶ Respiratory Workshop

STUDY DAY 4 (VIRTUAL CLASSROOM)

- ▶ Calculations Paper 4
- ▶ Medicines Optimisation Workshop
- ▶ Cardiovascular Workshop
- ▶ BNF Chapter 2 Self-Assessment and Peer Review
- ▶ High Risk Medicines Workshop

STUDY DAY 5 (FACE TO FACE)

+ FIRST AID

STUDY DAY 6 (FACE TO FACE)

- ▶ Clinical Skills Programme Training and Assessment
- ▶ Vaccination Training

STUDY DAY 7 (ONLINE)

- ▶ Mock Exam
- ▶ Paper 1
- ▶ Paper 2

STUDY DAY 8 (VIRTUAL CLASSROOM)

- ▶ Half day revision session and Exam Technique

SELF-DIRECTED STUDY

- ▶ MCA Course
- ▶ BNF Chapter 1 & 4 workbook
- ▶ Introductory Calculations Paper

SELF-DIRECTED STUDY

- ▶ MCA Course
- ▶ BNF Chapter 5, 7 & 8 workbook
- ▶ Reclassification of Medicines MCQ's
- ▶ CNS Tutorial

SELF-DIRECTED STUDY

- ▶ MCA Course
- ▶ BNF Chapter 3 & 6 workbook
- ▶ Law & Ethics MCQ's
- ▶ Endocrine Case Study Prep
- ▶ Central Nervous System Tutorial

SELF-DIRECTED STUDY

- ▶ BNF Chapter 2 & 10 workbook
- ▶ Cardiovascular self-directed reading
- ▶ High-risk Medicines Workshop prep
- ▶ Central Nervous System Tutorial

SELF-DIRECTED STUDY

- ▶ BNF/BNFC Chapter 9, 11&12, 13
- ▶ Complete directed reading for Clinical Skills Workshop
- ▶ Central Nervous System Tutorial

SELF-DIRECTED STUDY

- ▶ Continue Clinical Skills and Vaccinations Reading

SELF-DIRECTED STUDY

- ▶ BNF/BNFC Chapter 14, 15 and 16
- ▶ Wound Management
- ▶ Stoma, Truss & Hosiery
- ▶ Pharmacy Funding
- ▶ Preparing for the registration assessment
- ▶ Preparing for Practice
- ▶ Interactions and Mnemonics

SELF-DIRECTED STUDY

- ▶ Weekly revision webinars/videos



Clinical Skills Programme for Trainee Pharmacists (Including Vaccination)

For the first time ever our complete Foundation Pharmacist Programme will include the opportunity to undertake an additional Clinical Skills Programme comprising an online course plus assessment of skills leading to certification. Our Foundation Programme will enable you to obtain the underpinning knowledge and develop skills including measurement of blood pressure, pulse, oxygen saturation, peak flow, respiratory rate, blood glucose, urinalysis, temperature and pain analysis. This training will provide the type of skills required for the national Community Pharmacy Consultation Service and will also include vaccination training.

Locations

In 2022-23 Buttercups is planning programmes in the following locations:

Birmingham
Leeds
Liverpool
London
Manchester
Nottingham

We also offer bespoke and fully online programmes – ask a member of our team for more information



Support

Designated Supervisor Support

We realise a successful foundation year not only needs great training but also a great supervisor. We therefore provide a range of resources and have a dedicated pharmacist available to deal with your enquiries Monday to Friday, 9.00am to 5.00pm. What's more, as we only use our own dedicated tutors, we get to know your trainees as individuals and are able to provide tailored help and guidance where needed. Our tutor support includes:

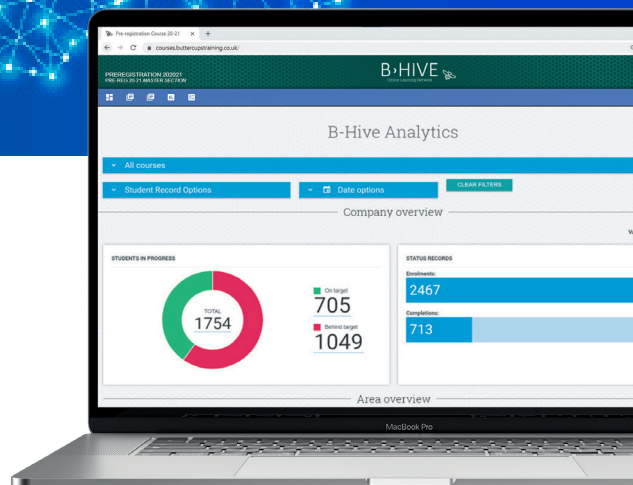
- ▶ Complimentary training for all new and established designated supervisors, including webinars to coincide with 13, 26 and 39 week trainee assessments
- ▶ Designated supervisor login to b-Hive with support documents
- ▶ Mid-year trainee reports
- ▶ Support for GPhC premises approval

Online Tracking

Good organisation and planning are key to the success of foundation pharmacist training. We want our clients to be well informed about the performance of their foundation trainees in order to help keep them on track. We therefore provide supervisors with a feature on their b-Hive account to help track trainee progress at any time, day or night.

Trainee Support

Foundation pharmacist training can be a difficult year and trainee wellbeing is of great importance to us. Our team of Buttercups tutors are ambassadors for the charity Pharmacist Support and are available to offer help and advice throughout the year. A member of the foundation training team is available during the working week, or you can email traineepharmacist@buttercups.co.uk with enquiries.



Pharmacist Support
working for pharmacists & their families

Our Team

Andrew Wightman

Andrew, our Principal Pharmacist has an extensive background in community pharmacy where he has held various leadership and development roles. One of Andrew's most recent accomplishments was taking on the role of Lead Advanced Pharmacist at a mass vaccination centre at the height of the pandemic which he found hugely rewarding. Training and development have always been Andrew's passion, in addition to coaching, motivating and challenging others to achieve their personal goals.



Anita Bedi

Before joining us in 2013 Anita was Lead Pharmacist for an online veterinary retailer. Her broad experience in community pharmacy includes a role as an Anticoagulation Management Pharmacist, but she now specialises in course content and development for Buttercups.



Suranjit Kamra

Suranjit's background is in community pharmacy where she has undertaken several Pharmacy Manager, and Relief Pharmacist roles. After completing her clinical diploma she worked as a Prescribing Support Advisor for GP surgeries and continues to locum for independent pharmacies.

Joanne Higham

Following pre-registration in industry and hospital pharmacy, Joanne took on a variety of hospital roles including specials manufacturing. Moving to community pharmacy she pursued an interest in training, and has been involved in the delivery of vaccination and 'health champion' courses for Buttercups.



Herpreet Sharma

Herpreet has experience within the community pharmacy sector in both large multiples and independent pharmacies. She worked on a project with Hertfordshire County Council to promote the delivery of equitable health to those with learning disabilities, an initiative which was later rolled out to the whole county.

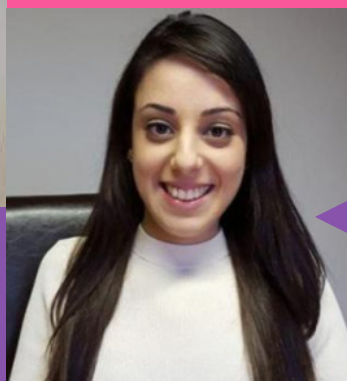


Ellie Talbot

Ellie hails from the North West where after graduation she completed her pre-registration training at the Countess of Chester Hospital. A variety of locum and Pharmacy Manager roles have helped her to appreciate the challenges of pharmacy and pre-registration. Ellie is also our resident calculations guru.

Khilna Shah

Khilna undertook a number of community pharmacy positions before becoming Pharmacy Manager for a large multiple. A passion for training led her to becoming the company's Pre-Registration Programme Manager for 10 years, during which time she also developed an optician pre-registration programme.



Rebecca Carpenter

Rebecca completed her pre-registration in community pharmacy, where she then continued to work for several years as a Pharmacy Manager for a large multiple. More recently, Rebecca completed her Independent Prescribing qualification and moved into a Primary Care role, within a GP practice. She has always had a great interest for pharmacy education and has worked as a pharmacy trainer for many years. Rebecca is very passionate about promoting the pharmacist's role within the wider, multi-disciplinary healthcare team.



Lena Mahboub

Lena has practised as a Community Pharmacist in South Wales where she has been Pharmacy Manager of three different pharmacies within the same company. Lena has had a passion for people development and training throughout her career.



And finally

What others say about us!

As a Buttercups trainee I felt supported to achieve my potential. It can be daunting when you first start the training year but I knew that with the Buttercups timetable, I was set for success. A friendly tutor who was a constant at all the study days also helped me feel that I could keep my learning on track. Buttercups is a leading name in pharmacy training and I knew I was in capable hands.
Thorrn Govind, RPS English Pharmacy Board Member and Buttercups Pre-reg 2015-16

Buttercups have quickly established our confidence in a company that truly has expertise in foundation pharmacist training support. We have no need to look elsewhere.

Barrie Smith, Pre-registration Manager, Paydens Group of Pharmacies

Buttercups provide training which is high quality and professional, but most importantly they make huge efforts to ensure it is practical, engaging and fun – my foundation pharmacists love their Buttercups sessions! They also find the supporting materials very useful and can contact Buttercups whenever they need help or support. Personally, I find Buttercups very accommodating and a pleasure to work with!
Amanda Kemp, Regional Pre-registration Facilitator for East Midlands (Hospital Pharmacy)

I'm so grateful to you for all your help and support, practical tips, personal experience and doing so much to make us feel comfortable. Training days are so far one of the most beneficial and pleasant pharmacy related experiences I have ever had, and it's all thanks to you!
Mira Florova, Pre-registration Trainee 2020, Pearl Chemist Group

Self-directed Learning

At Buttercups we realise every trainee is an individual and that no two people will have exactly the same needs. That's why we created our trainee pharmacist self-directed learning materials which are available to everyone, no matter where they are training. Whether it's a particular clinical area or more calculations practice, trainees can pick and mix from a range of programmes and get one-to-one support from one of our pharmacist tutors. Our mock exam and review is also a popular choice for trainees from all sectors at a choice of venues throughout England and Wales. For more information, check out the self-directed learning section at: www.buttercupstraining.co.uk



5 Steps to a Successful Training Year!

1. Find the GPhC Foundation Training Manual and read it! This is your encyclopaedia for the year!
2. Plan each quarter, what are your objectives and what are you hoping to achieve? Be SMART!
3. Show how you meet the Interim Learning Outcomes!
4. Worried about underpinning knowledge? Refer to the GPhC Registration Assessment Framework!
5. Cautious with calculations? The art is in the method!

Get in touch to find out how Buttercups Training can support you through your training year.






Contact Us

If you're ready to discuss how Buttercups can best meet your training needs, feel free to contact one of our friendly team. Also remember to keep well informed by following us on social media for foundation pharmacist advice, hints and tips.



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